



ALL SAINTS' CHURCH

"Our mission is to bring the good news of Jesus Christ's love to our entire community through traditional Anglo-Catholic worship, fellowship, outreach, and Christian formation."

Our Vision: *"We strive to be a haven of healing, reconciliation, joy and peace in service to our wider community and beyond, so that our example in prayer and practice may reflect Christ's love for us all."*

THIS SUNDAY — July 31 & Beyond

"Putting on Christ"



Continuing with Paul's letter to the Colossians, in chapter 3 we have this rich image of putting on garments, which seems to be a favorite with Paul, as we see in Ephesians 6, when he tells the converts at Ephesus to put on the full armor of God.

He admonishes Jesus' followers at Colossae to put on the traits that will unequivocally distinguish them as true followers of Christ: compassion, kindness, lowliness, meekness, forbearance, forgiveness, but above all, love.

When referring to Christ's love, Paul defines it as the love that "binds everything together in perfect harmony."

So, as imitators of Christ, we the present followers of Jesus' Way of Love, just as the converts at Colossae to whom Paul's letter was addressed, must ask the Holy Spirit to

give us the perseverance and strength to embody His boundless unconditional love as the rule of our everyday lives, letting Christ's peace rule in our hearts.

This naturally entails mutual forgiveness, and being thankful to God for Christ's self-giving sacrifice for our redemption at all times.

At the same time, this demands that our daily habits and routines change and be guided by the Spirit of Truth in the persistent and dedicated study of the word of Christ, letting His word not only enter our minds, but making it dwell deeply in our hearts and rule our lives.

To this end, a life lived in a supportive community of faith is essential, so that we can "teach and admonish one another in all true wisdom", as Paul suggests, and also encourage one another with the singing of "psalms, hymns, and spiritual songs, always with thankfulness in our hearts to God."

In this section of the letter to the Colossians Paul ends by recommending that "whatever they do, in word or deed, they should do everything in the name of the Lord Jesus, giving thanks to God the Father through Him."

We may get so involved in useful social work, or in justice campaigns, aiming to serve our neighbor in as many ways as possible, that we forget the very reason why we are doing this loving service.

It is only out of love coming from Christ Himself that we are better empowered by the Holy Spirit to speak for justice and love, and to do works of loving service for those in need.

We cannot share what we lack. If we are not first filled with Christ's unconditional love in our own lives, we will not be able to fruitfully share this love with others.

This is the reason why Paul insists so much in Christ's love as the primary garment we need to put on. This is the garment that will "bind everything together in perfect harmony."

Christ's love is then the starting point of everything we try to accomplish in His name, with thankfulness in our hearts and His true wisdom in our minds.

Fr. Carlos E. Expósito. Rector

Readings for The Seventh Sunday after Pentecost

CALENDAR

Note: We are worshipping in our historic church. The service will also be on Zoom. The service time is 10am. Tuesday Noon Mass and Friday Morning Prayer are held in All Saints' St. Mary Chapel.

SUNDAY Seventh Sunday after Pentecost

10:00am Mass in All Saints' Church

Join Zoom Meeting from our web site at www.allsaintschurch.org

Recording of Mass available before noon at www.allsaintschurch.org

Christian Formation and First Communion Instruction for Children

Ages 5-12 in the Parish Hall from 10:00am-10:45am

Christian Formation every second and fourth Sunday of the month at

11:30am Studying *Sacred Earth, Sacred Soul* by John Philip Newell

Rector's Study

A Spanish Mass will be held on the first, second, fourth (and fifth)

Sundays each month at 1pm. Everyone is welcome.

San Diego Music Coterie Concert 3:00pm Parish Hall Admission to the concert is free with tax-deductible donations accepted at the door.

TUESDAY Noon Mass in St. Mary Chapel

THURSDAY Spanish Class 1:00pm to 3:00pm in the Flower Room. Taught by Fr. Carlos

FRIDAY 10:00am Morning Prayer in St. Mary Chapel

SUNDAY The Eighth Sunday after Pentecost

10:00am Mass in All Saints' Church

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OUR CORE VALUES:

- Welcoming strangers like old friends
- Embracing the Anglo-Catholic tradition
- Being dependable members of a caring community
- Respecting each other's differences
- Being faithful stewards of God's gift
- Remembering that God loves everyone unconditionally